

COVID-19 Precautions Health & Safety

The province of Ontario Covid-19 safety protocols have been added to each rest stop, along with the start and finish of the ride for your safety and the safety of others.

- 1) **COVID-19 SCREENING APP** - TO BE COMPLETED BY RIDERS NO MORE THAN 24 HOURS BEFORE EVENT (SCREENING FOR CONTACT, SYMPTOMS AND TRAVEL)
- 2) **SANITIZATION** - IN ALL AREAS AND INCLUDING BATHROOMS AND FOOD AREAS
- 3) **MASKS** – PROVIDED FOR EVERY RIDER IN ADVANCE OF THE RIDE AND MASKS STRONGLY ENCOURAGED IN AREAS OF GATHERING, SPECIFICALLY BEFORE AND AFTER THE RIDE, DURING ON-SITE CHECK-IN, DURING ANY MEDICAL REQUIREMENTS, AND INTERACTING WITH VOLUNTEERS
- 4) **REST STOPS** – REST STOPS REFUELING FOOD WILL BE SINGLE SERVE AND WATER WILL BE SELF SERVE AVAILABLE IN INDIVIDUAL BOTTLES. VOLUNTEERS WILL BE ONSITE AND DISINFECT THE AREA USING [APPROVED HARD-SURFACE DISINFECTANTS](#) AND HAND SANITIZERS.
- 5) **LUNCH** – WILL BE CATERED, BOXED LUNCH
- 6) **RIDER COHORTS AND GROUPS:** RIDERS TO BE SCHEDULED IN 50 PERSON WAVES, BUT RELEASED IN THE GROUPS YOU WILL BE RIDING WITH (NO MORE THAN ~20 AT A TIME).
- 7) **OPENING & CLOSING CERMONY:** THERE WILL BE A OPENING AND CLOSING CERMONY VIRTUALLY. A VIDEO WILL BE SENT TO THE RIDERS BEFORE AND AFTER THE RIDE TO FURTHER REDUCE GATHERING.
- 8) **RIDE OPTIONS:** A VIRTUAL RIDE AND RIDE YOUR WAY IS ALSO AN OPTION SHOULD YOU PREFER NOT TO RIDE IN PERSON.

[REGISTER TODAY – LIMITED SPOTS AVAILABLE](#)