

Q: How do I sign up?

A: Register [here](#)! You can join as an individual or create a team with a group of friends. We are offering a 100 kilometer ride, you can participate in part, all, or work as a relay team. For example, ride for 25k, 50k, 75k or 100k. The choice is yours.

Once you are registered, you'll receive a log in to access your personal fundraising page and a link where your friends, family and colleagues can donate to you and your team.

Q: I participated in the NewRoads LakeRide in the past. Do I need to create a new username and account or can I use my existing account?

A: We're thrilled that you'll be joining us again! If you remember your username and password from last year, register by first selecting "[Login](#)" and logging into the site. You'll then be prompted to go through the registration process. If you're having difficulty logging in, please [contact us](#).

Q: I signed up for the NewRoads LakeRide and want to also do the virtual ride. Now what?

A: You can continue to do both, you just need to add it to your existing account. Sometimes this can be tricky so send us a note and we will be happy to help please [contact us](#). If you are on Zwift, you'll need to sign up for the event there as well. We will share the link as soon as it's available!

Q: How many players can be on a team?

A: You can have as few or as many players participate on your team.

Q: Do I have to live in York Region to ride or donate?

A: No! Anyone in the world can ride or donate.

Q: I'm unable to ride but want to participate. What options are there?

A: You can donate or spread the word about the event! You can also join the Facebook livestream of olympian Georgia Simmerling completing the ride at facebook.com/newroadsautomotivegroup/. If you have another form of exercise you love (i.e. running, walking, stairmaster, etc.), you can join that way too!

Q: I'm interested in participating but don't have a team. Can I join one?

A: Yes! Please reach out to kelly.broome@newroads.ca if you're a free agent and looking to join a team and we'd be happy to connect you with one. You can also participate in the ride as an individual for any length of time or distance.